

What is the name of the Martial Art you practice	Tang Soo Do
What is the name of the style you practice	Moo Duk Kwan
What is the Korean translation for uniform	Do Bohk
What is the Korean translation for training hall	Do Jang
What is the Korean translation for belt	Dee (Ti)
What was the original color of the TSD uniform	White
On wich side do you wear a stripe on your belt	Left
Who founded the Traditional Tang Soo Do Federation	Master John Trudgill
The name of your Instructor	Master Ronald Pander
The School or Dojang you train at	Shi Sun
What year was the TTF founded	2006
What date was the TTF founded	1 st March
What is the English translation for "Cha ryut"	Attention
What is the English translation for "Kyung yet"	Bow
What is the English translation for "Shi ja"	Begin
In Korean, count from 1 -10	Ha na, dool, set, net, da sot, yo sot, il gup, yu dol, ah hop, yol
What is the English translation for "mahk Kee"	Block or Defence
What is the English translation for "Kong kyuk"	Punch of Attack
What is the English translation for "Kee cho"	Basic
What is the English translation for "Hyung"	Form
What is the English translation for "Pa ro"	Return
Why do we salute the flag on entering and leaving the dojang	To show respect to Tang Soo Do and our National Flag

Why do we meditate at the beginning of class	To clear our minds of any problems so that we do not bring them into the Dojang
Why do we meditate at the end of class	To relax and ensure that we leave the dojang in a calm peaceful nature
<u>List the 10 articles' of Faith</u>	<ol style="list-style-type: none"> 1. Be Loyal to your country 2. Be obedient to your parents 3. Be loving between husband and wife 4. Be co operative between brothers 5. Be respectful to your elders 6 .Be faithful between student and teacher 7. Be faithful between friends 8. Know the difference between good and evil 9. Never retreat in battle 10. Always finish what you start
What year was the Moo Duk Kwan Founded	1945
What date did Grandmaster Hwang Kee Die	July 14 th 2002
What is the Korean for a Founder or Head of an Organisation	Kwan Jang Nim
What is the Korean for Master Instructor	Sa Bom Nim
What is the Korean for instructor	Kyo Sa Nim
What is the Korean for assistant Instructor	Jo Kyo Nim
Waist	Huri
Stomach	Dan Jun
Solar plexus	Myung Chi
Elbow	Pal Koop
Arm	Pal

Shoulder	O'K
Back fist	Kap Kwon
Knee	Moo Roop
Right	O Wren Ja
Left	Wren Ja
Who founded the Gi Cho forms	GM Hwang Kee
Where were the forms developed	Seoul (Korea)
When were the forms developed	1947
Who founded the Pyung Ahn forms	Mr Idos
Where were the forms developed	Okinawa
When were the forms developed	1870's
How many movements in Pyung Ahn forms 1,2,3,4,5	22,29,27,29,28
What does Pyung Ahn mean	Peace and confidence
What animal does it represent?	Turtle
What does Bassai mean?	To storm a fortress
How many Bassai forms are there	2
What are they called	Bassai So, Bassai Dae
What animal do they represent	Snake (cobra)
What were the 4 original TSD belt colours	White, Green, Red, Black (midnight blue)
What is the translation for Front stance	Chun Gul Jaseh
What is the translation for back stance	Hu Gul Jaseh
What is the translation for side stance	Kee Ma Jaseh

List the 8 Key Concepts of Tang Soo Do

Courage	(Yong Gi)
Concentration	(Chun Shin Tong Il)
Endurance	(In Neh)
Honesty	(Chun Jik)
Humility	(Kyum Son)
Power Control	(Him Cho Chung)
Tension & Relaxation	(Shin Chook)
Speed Control	(Wan Gup)